

Pre-Teen Social Club



AGE 8-11

Pre-Teen Social Club is an evidence-based social skills program for elementary school-aged children who have difficulty making and keeping friends. Children are taught crucial social skills and are given the opportunity to practice these skills in session during role-play and play activities.

Your teen will learn how to:

- Find common interests with peers
- Use appropriate conversation skills
- Make a good first impression
- Join a group of kids at play
- Be a good sport
- Be a good host on a play date
- Handle rejection, teasing, and bullying
- Handle disagreements with friends

Appropriate for preteens with:

- Social and communication challenges
 - Autism Spectrum Disorder/ Asperger
 - ADHD traits
 - Anxiety
 - Other social and behavioral disorders
- ... who are motivated to make and keep friends.

*We reserve the right to cancel the group if there are less than 3 students.
According to our cancellation policy, there will be no refund or make up classes for missed sessions.*

Instructor: Registered Clinical Psychologist

Medium of Instruction: English

Group size: 3-6

Number of sessions: 10

Date&Time: Fri 4:30-5:30pm

Fee: \$820/session of 60 minutes



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青少年社交俱樂部



8-11歲

青少年社交俱樂部是一個具科學實證的社交技能課程。此課程適合對於認識新朋友、建立和鞏固友誼有困難的青少年。每一節課程都會教導孩子一系列重要的社交技巧，並通過角色扮演和遊戲活動來練習和實踐當中的知識。

小組課程包括:

- 如何與朋友找到共同興趣
- 運用合適的對話技巧
- 如何留下良好的第一印象
- 如何加入正在玩耍的朋友
- 如何成為一個有風度、親切的朋友
- 學會招待朋友
- 如何處理被排斥、捉弄或欺凌
- 如何處理朋友的相反意見

適合以下青少年...

- 自閉症譜系障礙 / 亞氏保加症
 - 專注力不足 / 過度活躍症
 - 焦慮症
 - 有社交和溝通困難
 - 有其他社交或行為障礙
- ... 並有興趣認識朋友和建立友誼

如果參加者不足3人，我們保留取消此小組的權利。
因應我們的課程安排，缺席將不獲退款或補課。

導師: 註冊臨床心理學家

授課語言: 英語

小組人數: 3-6

節數: 10

日子及時間: 逢星期五 4:30-5:30pm

費用: 每節 \$820 (60分鐘)



九龍塘沙福道一號二樓

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