

# Adolescents Social Skills Group



**AGE 10-13**

**Adolescent Social Skills Group is a social skills intervention for adolescents with social challenges. During each group session, teens are taught important social and communication skills and are given the opportunity to practice these skills in session during socialization activities.**

## Your teen will learn how to:

- Be a good team player and leader
- Make suggestions and listen to others
- Disagreeing respectfully
- Make compromises
- Accept and give advice
- Distributing tasks
- Problem-solving

## Appropriate for teens with...

- Autism Spectrum Disorder/Asperger
  - ADHD
  - Anxiety
  - Social and communication challenges
  - Other social and behavioral disorders
- ... who are motivated to make and keep friends.

*We reserve the right to cancel the group if there are less than 3 students.*

*According to our cancellation policy, there will be no refund or make up classes for missed sessions.*

**Instructor:** Registered Clinical Psychologist

**Medium of Instruction:** English

**Group size:** 3-6

**Number of sessions:** 12

**Date&Time:** Sat 12:15-1:15pm (Proposed starting date: 26 Aug 2023)

**Fee:** \$820/session of 60 minutes



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# 青年社交技能小組



10-13 歲

青年社交技能小組專為想改善社交技能的青年而設。每一節小組都會教導青年重要的社交及溝通技巧，並於小組的互動學習中練習及實踐當中的知識。

## 小組課程包括:

- 成為一位良好的團隊合作夥伴和領導者
- 提出建議並聆聽他人的意見
- 尊重地表達不同意見
- 做出妥協
- 接受並給予建議
- 分配任務
- 解決問題

## 適合以下青年...

- 自閉症譜系障礙 / 亞氏保加症
  - 專注力不足 / 過度活躍症
  - 焦慮症
  - 有社交和溝通困難
  - 有其他社交或行為障礙
- ... 並有興趣認識朋友和建立友誼

如果參加者不足3人，我們保留取消此小組的權利。  
因應我們的課程安排，缺席將不獲退款或補課。

導師: 註冊臨床心理學家

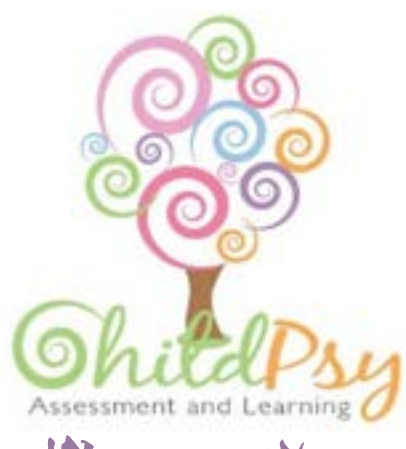
授課語言: 英語

小組人數: 3-6

節數: 12

日子及時間: 逢星期六 12:15-1:15pm (預計開始日期為8月26日)

費用: 每節 \$820 (60分鐘)



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