

AGE 1-2

Occupational Therapy BABY-TODDLER PLAY GROUP

" We are all sensory beings who are constantly taking in information through our senses and adapting our behavior to meet the perceived demands in our environment..... and respond appropriately. "

By Dr Ayres, PhD, OTR, Founder of Sensory Integration Theory



TRAINING GOALS:



For Child:

- Facilitate nervous system development
- Facilitate gross motor function development
- Facilitate fine motor function development
- Encourage social interactions
- Improve adaptation to environment



For Caregivers:

- Learning the developmental milestones of the child
- Learning play skills to facilitate the gross and fine motor development
- Learning to provide "Just Right Challenge" activities for the child



Activities Include: Sensory Plays, Messy Play, Crawling/Climbing

Date & Time: Every Mon/Wed/Thur, 12:00 - 1:00pm

Teacher: Ms. Kristan, Registered Senior Occupational Therapist



Group size: Maximum 2 pairs of toddler and caregiver

Fee: \$900/session

According to our cancellation policy, there will be no refund or make up classes for missed sessions.

UNIT A, 1/F, 1 SUFFOLK RD, KLN TONG
TEL: 2348-6222 WHATSAPP: 5728 1002

Email: info@childpsy.com

1-2歲

職業治療 嬰幼兒遊戲小組

“我們的神經系統不斷接收外界的感官信息，從而調整我們的行為。正常發育的神經系統能有效處理和整合這些感覺信息並做出適當反應以適應外在環境的需求。”

- Dr Ayres, PhD, OTR, Sensory Integration Theory 創始人



訓練目標:



幼兒方面:

- 促進神經系統發展
- 促進大肌肉功能發展
- 促進小肌肉功能發展
- 鼓勵社交互動
- 提高環境適應性



照顧者方面:

- 了解孩子的發展里程碑
- 學習遊戲技巧以促進大、小肌肉的發展
- 學習為孩子提供“合適挑戰”的活動

活動: 感統遊戲、Messy Play、爬行/攀爬



日期及時間: 逢周一/三/四 下午12時至1時

導師: 註冊高級職業治療師



小組人數: 2組嬰幼兒及照顧者

費用: 每節 \$900

因應我們的課程安排，缺席將不獲退款或補課。

UNIT A, 1/F, 1 SUFFOLK RD, KLN TONG
TEL: 2348-6222 WHATSAPP: 5728 1002
Email: info@childpsy.com