



# Occupational Therapy



## EMOTIONAL & BEHAVIOURAL REGULATION GROUP

Occupational therapist designs Sensory Integration Activities/Board Games/Team Building Activities to improve children's:

### Learning Goal:

- Improve **Alternating attention, Sustained attention, Divided attention, Selective attention**
- Improve social skills: sharing, collaboration, appropriate social manner, problem solving skills and executive functions
- Encourage social appropriate behaviour & Improve emotional regulation in stimulating environment



### Teacher

Ms Kristan  
Occupational Therapist



### Group size

2-6



### Language

English/Cantonese Class



### Fee

\$800/60min



### Dates & Time

Every Mon 3:15-4:15/4:30-5:30pm

Every Wed 10:30-11:30am

Every Thur 10:30-11:30am/2:15-3:15pm

Every Sat 12:00-1:00pm

Every Sun: 10:30-11:30am/2:00-3:00pm

*According to our cancellation policy, there will be no refund or make up classes for missed sessions.*



# 職業治療



AGE 3-5

## 情緒及行為管理小組

職業治療師透過不同的感統活動/桌面活動/集體遊戲，讓小朋友從遊戲中練習，透過觀察、模仿等行為改善學童以下能力：



### 學習目標：

- 加強轉換性專注力、持續性專注力、分散性專注力、選擇性專注力
- 改善社交技能，如分享、協作、運用適當的社交技巧、解決問題和執行能力
- 學習在充滿刺激的環境中，採取適當的行為並調節情緒



### 老師：

梁思明姑娘  
職業治療師



### 小組人數：

2-6



### 語言：

英語班/粵語班



### 費用：

\$800/60min



### 日期及時間：

逢星期一 3:15-4:15/4:30-5:30pm

逢星期三 10:30-11:30am

逢星期四 10:30-11:30am/2:15-3:15pm

逢星期六 12:00-1:00pm

逢星期日 10:30-11:30am/2:00-3:00pm

因應我們的課程安排，缺席將不獲退款或補課。