



SENSORY-MOTOR GROUP

感知肌能訓練小組

Age 7 - 12 歲

Sensory processing is the organization of sensory stimuli from the body and the environment for use in daily life. Children with sensory-processing difficulties have specific sensory issues that can impede their ability to learn and appropriately interact with others and participate in daily activities.

The Sensory-Motor Group uses a sensory-motor approach and is strongly influenced by sensory integration (SI) theory. The group aims to improve the child's ability to effectively regulate and process incoming sensory input.

感官處理是指身體如何分析或處理感官所接收的信息，再應用到日常生活環境中。感官處理困難會影響孩子的學習能力，並阻礙他們與他人相處和參與日常活動的能力。

感知肌能訓練小組，以感覺統合理論，運用感覺運動方法，教導孩子如何有效地利用所有感官，來分析並處理外界訊息。

OBJECTIVES目標：

- ✓ Improve sensory and emotional regulation
改善感官和情緒調節能力
- ✓ Improve arousal level (attention)
提升注意力和專注力
- ✓ Develop turn taking skills
培養耐性及等候的習慣
- ✓ Improve motor skills
改善動作肌能
- ✓ Develop social-communication
培養社交及溝通能力
- ✓ Strengthen self-esteem
增強自尊心

Age 年齡： 7 - 12 歲

Dates and Time 日期及時間：

Wednesdays 5:00-6:00pm,

Saturdays 2:00-3:00pm

Group size 人數： 3-4 children 學生

Fee費用： 每節 \$650/session

Instructor 導師： Registered Occupational
Therapist 註冊職業治療師

*No make-up session or refund for missed or unattended classes unless a medical certificate is provided.**

*除提供有效醫生證明，否則缺席將不設補課或退款。

1 Suffolk Road, Kowloon Tong, Hong Kong

Tel: 2348 6222 Fax: 2348 6811

Email: info@childpsy.com

