#### CHILDPSY ASSESSMENT AND LEARNING



Our two-day a week toddler program is run by a speech therapist and an occupational therapist. This parent-toddler group focuses on building overall communication and emotional regulation (following the SCERTS framework) while practicing key skills to help them become more independent.

## WHAT SKILLS WILL THE GROUP WORK ON?

- **Receptive language** understanding what is said to them.
- **Expressive language** using words and sentences to serve a variety of functions.
- **Social skills** Turn-taking, sharing etc.
- **Gross motor skills** walking, running, jumping, throwing and catching.
- **Fine motor skills** strengthening pre-writing such as using scissors and other refined hand movements.
- **Self help skills** necessary skills to promote independence, e.g. feeding and putting their own shoes on.

**Dates:** Wednesday and Friday

Time: 9:30am -10:45am

Fee: \$700 per session (75 min)

Medium of instruction: English

**Group Size:** Maximum of 4 children and 4 parents/caregivers

Instructor: Registered Speech and Language Therapist and

Occupational Therapist

# STRUCTURE OF THE TODDLER GROUP:

- Free play developing play and social skills.
- Structured activities such as circle time with roll call and small group stations focusing on multiples skills
- Group games, gym time and sensory tasks focusing on multiple skills
- Story time focusing on language skills







我們這個每週兩天的幼兒訓練小組,由言語治療師和職業治療師指導,專注於建立小朋友的整體溝通能力及情緒管理(遵循*SCERTS*框架),同時練習關鍵技能,幫助他們更獨立成長。

### 主要針對的能力及技巧:

- 語言理解能力 明白別人對他們說的話
- 語言表達能力 靈活運用單詞和句子,在日常生活中發揮不同功能
- 社交能力 學習輪流、與人分享等
- 大肌肉運動技能 走路、跑步、跳躍及抛接
- **小肌肉運動技能** 為幼兒學習書寫作準備, 例如使用剪刀和練習其他較細緻的手部動作
- **自理能力** 提高幼兒獨立性,例如:自行進 食、穿鞋

日期: 星期三及星期五

時間: 早上9時30分 - 早上 10時45分

費用:\$700(75分鐘)

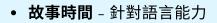
教學語言:英文

小組人數:最多四人(每人由一位家長/監護人陪同)

授課教師:註冊言語治療師及職業治療師

### 課程內容包括:

- 自由游戲 建立並培養游戲技巧和社交能力
- 結構性活動例如: 圍圈點名、小組教學 針 對各樣能力及技巧
- 小組游戲、體能活動及感官活動 針對各樣能力及技巧







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