



Our two-day a week toddler program is run by a speech therapist and an occupational therapist. This parent-toddler group focuses on building overall communication and emotional regulation (following the SCERTS framework) while practicing key skills to help them become more independent.

WHAT SKILLS WILL THE GROUP WORK ON?

- **Receptive language** - understanding what is said to them.
- **Expressive language** - using words and sentences to serve a variety of functions.
- **Social skills** - Turn-taking, sharing etc.
- **Gross motor skills** - walking, running, jumping, throwing and catching.
- **Fine motor skills** - strengthening pre-writing such as using scissors and other refined hand movements.
- **Self help skills** - necessary skills to promote independence, e.g. feeding and putting their own shoes on.

STRUCTURE OF THE TODDLER GROUP:

- **Free play** - developing play and social skills.
- **Structured activities such as circle time with roll call and small group stations** - focusing on multiples skills
- **Group games, gym time and sensory tasks** - focusing on multiple skills
- **Story time** - focusing on language skills

Dates: Wednesday and Friday

Time: 9:30am -10:45am

Fee: \$700 per session (75 min)

Medium of instruction: English

Group Size: Maximum of 4 children and 4 parents/caregivers

Instructor: Registered Speech and Language Therapist and Occupational Therapist

No make-up session or refund for missed or unattended classes unless a medical certificate is provided.



ChildPsy
Assessment and Learning



幼兒親子 訓練小組



二 - 三歲幼兒

我們這個每週兩天的幼兒訓練小組，由言語治療師和職業治療師指導，專注於建立小朋友的整體溝通能力及情緒管理（遵循SCERTS框架），同時練習關鍵技能，幫助他們更獨立成長。

主要針對的能力及技巧：

- **語言理解能力** - 明白別人對他們說的話
- **語言表達能力** - 靈活運用單詞和句子，在日常生活中發揮不同功能
- **社交能力** - 學習輪流、與人分享等
- **大肌肉運動技能** - 走路、跑步、跳躍及拋接
- **小肌肉運動技能** - 為幼兒學習書寫作準備，例如使用剪刀和練習其他較細緻的手部動作
- **自理能力** - 提高幼兒獨立性，例如：自行進食、穿鞋

課程內容包括：

- **自由遊戲** - 建立並培養遊戲技巧和社交能力
- **結構性活動例如：圍圈點名、小組教學** - 針對各樣能力及技巧
- **小組遊戲、體能活動及感官活動** - 針對各樣能力及技巧
- **故事時間** - 針對語言能力



日期：星期三及星期五

時間：早上9時30分 - 早上 10時45分

費用：\$700（75分鐘）

教學語言：英文

小組人數：最多四人（每人由一位家長/監護人陪同）

授課教師：註冊言語治療師及職業治療師



*除提供有效醫生證明，否則缺席將不設補課或退款。