

ADOLESCENTS SOCIAL SKILLS GROUP

AGE 11-13



Adolescent Social Skills Group is a 12-week social skills intervention for adolescents with social challenges.

During each group session, teens are taught important social and communication skills and are given the opportunity to practice these skills in session during socialization activities.

During the social skills group,

YOUR TEEN WILL LEARN HOW TO:

- Find common interests by trading information
- Use appropriate conversational skills
- Enter and exit conversations between peers
- Appropriately use humor
- Be a good sport
- Choose appropriate friends
- Use social media appropriately
- Be a good host during get-togethers
- Handle arguments and disagreements
- Handle rejections, teasing, and bullying
- Handle rumors and gossip

This group is

APPROPRIATE FOR TEENS WITH...

- Autism Spectrum Disorder/Asperger
- ADHD
- Anxiety
- Social and communication challenges
- Other social and behavioral disorders

... who are motivated to make and keep friends.

Number of sessions: 12 sessions

Duration: 60 minutes

Number of students per class: 3 to 5 students

Instructor: Registered Clinical Psychologist

Fee: \$700/session X 12 = \$8,400

Class Policy: Due to the ongoing basis of the curriculum, no refund or make-up classes are available unless a medical certificate is provided.

Start date: As soon as enrolment are fulfilled

Date/Time: TBA

Medium of instruction: English

